

Below are instructions for registering for a Group Exercise class in imleagues.com:

You will start by going to <http://www.imleagues.com> and creating an account.

You will need to search for "Tri-County YMCA" and select it as your school/organization.

Once you are logged in, you will see the photo of the football player. On that screen, you will click on the tab that says, "Fitness."



Then, you will scroll down on the Fitness screen and see the list of classes.

If the class is open for registration, it will show the number of spots left in the class.

Registering Using App on Smartphone:

You can also do this by downloading the app to your phone.



You will sign-in on the app with your username and password.

Then, they will find “Network” at the bottom of the screen.

On the network screen, you will tap “Fitness” on the top of the screen.

To see the listing of classes for each day, you will click on the day of the week you are planning to attend class. It will display the classes for the week, and you can register for the class when the time next to the class is green.

Once 9 people have registered, the class will close and will say “Waitlist”. Participants can register up to 12 hours before class, and it will close at 15 minutes prior to class start time.