



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YMCA Kinder Kickers COVID-19 Guidelines

We are excited that you are interested in having your child participate in the YMCA Kinder Kickers program this fall! At the YMCA, we are for Youth Development, Healthy Living, and Social Responsibility.

## **Personal Belongings:**

- Each child should bring their own filled water bottle. Our drinking fountains will not be available but the bottle filler will be available for use.
- The YMCA will supply the balls but players are welcome to bring their own.

## **Physical Barriers and Guides:**

- As in the past, we will be utilizing plastic dots to help the kids know where they are supposed to stand and keep appropriate physical distancing when at the practice stations.

## **Group Size:**

- The children will be divided into small teams. There will be 6 players on a team and we will have 8 teams this season. We will have 4 teams practicing at each session time and will have 2 on each side of the gym.
- We will keep siblings together on the same team. Therefore, our groups will be intermixed with ages and genders.
- We intend to maintain consistent coaches and group leader throughout the program whenever possible.
- There will be limited mixing of the kids between the teams.

## **Program Structure:**

- Players should arrive no more than 10 minutes prior to their scheduled time.
- Players will adhere to physical distancing during warm up and program closing.
- Players will not be giving high fives to each other and the other players after the practices and games.
- All of the balls will be kept in a mesh bag until it is time to start practice. When parents and players arrive, we ask that your child stay with you until it is time to start.
- After we do our devotions and stretches, I will hand out the balls as needed before going to the first practice station.

### **Maintaining Healthy Environment:**

- Parents should check their child's temperature prior to departing from home. If temperature is above 100.4 the child shall remain at home.
- **If the parent, child, or other family member has been directed to quarantine or isolate, they cannot attend.**
- I will have hand sanitizer at each station and ask that the coach give each child some hand sanitizer before starting the station.
- Playing area should be limited to players and coaches only. NO siblings will be allowed in the playing area. Older children will need to stay in the gym with their parents during the practices and games.
- Coaches and spectators are asked to wear masks while in the facility. Spectators are asked to maintain physical distancing while watching the practices and games.
- We will have designated "Clean Bins" and "Dirty Bins" for supplies and equipment. The items will be cleaned on a regular basis by the staff.
- In the event a child becomes ill, that child should be removed from the playing area.

### **Staff Guidelines:**

- All staff will complete the COVID-19 Health Screening and take their temperature before starting their shift.
- Staff will be masked when setting up and prior to the start of the program. During the program, when physical distancing cannot be maintained, the staff will be masked.
- Staff will be identified by wearing a staff shirt.
- Staff will have designated cleaning duties that must be completed before and after the program.
- Staff will complete training prior to the start of the program.

**\*Guidelines as of September 29, 2020. These are subject to change throughout the length of the program to meet federal, state, and local guidance and recommendations.**