



# KINDER KICKERS ORIENTATION

September 27, 2018

## **What is YMCA Kinder Kickers?**

Kinder Kickers is a preschool sport program for boys and girls ages 3-Kindergarten. Children will benefit from the socialization and physical activity of our organized play, while having the opportunity to learn basic soccer fundamentals, such as running, kicking, dribbling, and goalie in a non-competitive environment. Emphasis is on teaching the values of good teamwork, sportsmanship, and skill development in a fun atmosphere for all.

## **Why YMCA Kinder Kickers?**

This program helps children develop fundamental skills and incorporates teamwork through instructional play. Whether it's gaining the confidence that comes from learning to play or building the positive relationships that lead to good sportsmanship and teamwork, participation in sports at the Y is focused on youth development, healthy living, and social responsibility. The YMCA preschool sport programs help kids become not only better players, but better people as well. We encourage fair play, friendly competition, and family involvement.

## **How will fundamentals be taught?**

The YMCA's Kinder Kickers program provides a safe and fun environment for young children to develop the basic skills necessary for soccer. It's a progressive program that is designed to provide children with the opportunity to learn the basic skills, improve their coordination, and experience the game situation. This program consists of structured drills and modified game play.

## **Program Details:**

**When:** Program Dates: October 11<sup>th</sup> – November 10<sup>th</sup>

**Times:** Practices: Thursday evenings from 6:30–7:00 p.m. & 7:15–7:45 p.m.  
Games: Saturday mornings at 9:30 a.m., 10:30 a.m., 11:30 a.m., & 12:30 p.m.  
\*\*All times are Eastern Time\*\*

**Schedules:** Schedules and team rosters will be emailed out to parents and coaches by Wednesday, October 3<sup>rd</sup>. If you did not list an email address, you will be contacted with your first practice time and printed copies will be available the first night of practice.

**Where:** Indoors at the Tri-County YMCA Gymnasium  
**(We will be at Ferdinand Elementary Gym on Saturday, October 27<sup>th</sup> due to the Monster Dash 5K being at the Y).**

**Supplies:** The YMCA will provide the balls (size 3). Children are welcome to bring their own balls to practices. Please put the child's name or initials on the ball.



### **Practice Example:**

PRAYER:	Staff will lead the children in a devotion
WARM-UP:	Staff will lead the children through several warm-up exercises
KICKING:	Which part of the foot to use, long and short kicks, kicking into the goal
DRIBBLING:	Foot-eye drills, relay races, short run, long run
RUNNING:	Running/dribbling towards the goal, direction to the goal
GOALIE:	Using hands and body to block the ball

### **Game Day Example:**

PRAYER:	Staff will lead the children in a devotion
WARM-UP:	Staff will lead the children through several warm-up exercises
GAME PREP:	About 10 minute practice—review the skills that were taught at the previous practice and discuss the concept of the game
GAME:	2-10 minute halves with a water break after the first 10 minutes

### ***Recognition Day***

A special game will be played on the last day of the season (Nov. 10<sup>th</sup>). After the game, the players and coaches will be recognized for their participation and dedication to the program.

### ***T-shirts***

T-shirts will be provided for each player and coach. We ask that the children and coaches to wear their shirts on practice and game days. Shirts will be handed out at the first practice.

### ***Pictures***

Pictures will be professionally taken for memories and keepsakes by Victory Photography. The specific picture date will be listed on the schedule. Pictures will be taken during practice time. Envelopes will be handed out at the first practice. The pictures will be returned on Recognition Day.

### ***Volunteer Coach's Meeting***

There will be a volunteer coach's meeting immediately following the parent orientation.

**Thank you to all of the parents who help make this available to the children.**

#### **Contact Information:**

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