



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA Kinder Kickers 2021 Guidelines

We are excited that you are interested in having your child participate in the YMCA Kinder Kickers program this fall! At the YMCA, we are for Youth Development, Healthy Living, and Social Responsibility.

Personal Belongings:

- We recommend having each child bring their own filled water bottle. At the current time, our drinking fountains will be available for use in the event that a water bottle is forgotten.
- The YMCA will supply the balls but players are welcome to bring their own.

Physical Barriers and Guides:

- As in the past, we will be utilizing plastic dots to help the kids know where they are supposed to stand and keep appropriate physical distancing when at the practice stations.

Group Size:

- The children will be divided into small teams. There will be 6 players on a team and we will have 10 teams this season. We will have 5 teams practicing at each session time and will have use of the entire gym.
- We will keep siblings together on the same team. Therefore, our groups will be intermixed with ages and genders.
- We intend to maintain consistent coaches and group leader throughout the program whenever possible.
- There will be limited mixing of the kids between the teams.

Program Structure:

- Players should arrive no more than 10 minutes prior to their scheduled time practice and game time.
- Players will adhere to physical distancing during warm up and program closing.
- Players will not be giving high fives to each other and the other players after the practices and games.
- All of the balls will be kept in a mesh bag until it is time to start practice. When parents and players arrive, we ask that your child stay with you until it is time to start.
- After we do our devotions and stretches, I will hand out the balls as needed before going to the first practice station.

Maintaining Healthy Environment:

- Parents should check their child's temperature prior to departing from home. If temperature is above 100.4 the child shall remain at home.
- **If the parent, child, or other family member has been directed to quarantine or isolate, they cannot attend.**
- Playing area should be limited to players and coaches only. NO siblings will be allowed in the playing area. Older children will need to stay in the gym with their parents during the practices and games.
- Spectators are asked to maintain physical distancing while watching the practices and games.
- In the event a child becomes ill, that child should be removed from the playing area.

***Guidelines as of August 23 2021. These are subject to change throughout the length of the program to meet federal, state, and local guidance and recommendations.**