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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



**springsvalley**

BANK & TRUST COMPANY

is the Sponsor

# MONSTER DASH

5K Run/Walk



**REGISTER TODAY!**

[www.tricountyymca.org](http://www.tricountyymca.org)

**Tri-County YMCA**

**Saturday, October 31, 2020 at 10:00 am**

The Tri-County YMCA is holding its annual Monster Dash 5K Run/Walk on Saturday, October 31 at 10:00 AM EST. Families are welcome to participate. Walking and strollers are permitted. Be sure to wear your favorite Halloween costume, as there will be a youth and adult contest for best costume!

Race Begins: **10:00 AM EST**  
Costume Contest: **11:15 AM EST**  
T-shirt Pickup: **At the Finish Line**

Race Fee **\$20** (Register by October 23)  
\*Pre-registration is required to participate.

A Short Sleeve Dry Fit T-Shirt is included with race registration. Upgrade your T-Shirt for an additional charge to the following:

- **\$5** for Long Sleeve Dry Fit

**PRIZES** awarded for overall male & female finishers and top 3 finishers in each age group.

\*All pre-registered participants are guaranteed a T-shirt on race day.

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Name \_\_\_\_\_ Gender \_\_\_\_\_ Birthdate \_\_\_\_\_ Age on race day \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Emergency Contact Birthdate \_\_\_\_\_  
Emergency Contact Phone Number \_\_\_\_\_

Circle One T-Shirt Size: Adult: S M L XL 2X (\$2 more) Child: S M L

I hereby for myself, my minor child (if applicable), my administrators, heirs and assigns waive and release any and all rights and claims for damages, including negligence, I may have against the Town of Ferdinand and the Tri-County YMCA, their boards, elected and appointed officials, and their employees, for property damage or personal injury, including death that may arise or grow out of my participation or my minor child's participation in the Monster Dash 5K. I also agree to indemnify and hold harmless the Town of Ferdinand and Tri-County YMCA, their boards, elected and appointed officials, and their employees in any claim, damages, expenses or action, including attorney fees, assessed or brought against them because of my acts or omissions or the acts or omissions of my minor child. I also agree to follow the rules of this Run/Walk, obey all traffic laws, exercise all safety precautions, avoid littering, and respect the property of others.

**Make check payable to: Tri-County YMCA**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/guardian if under 18 yrs. of age

\_\_\_\_\_  
Date

**Mail entry form to:  
Tri-County YMCA  
131 E. 16th St.  
Ferdinand, IN 47532**