



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA After School Guidelines

Pine Ridge Elementary

We are excited that you are interested in having your child attend the YMCA AfterSchool Program this coming semester! At the YMCA, we challenge children to grow in imagination, creativity, confidence, self-directed initiative, and leadership. We are dedicated to changing the lives of the children in a positive way and thank you for giving us the opportunity to do so. We are committed to providing your child with a rewarding and memorable experience.

YMCA After School will be available for children PreK - 5th grade each day that school is in session from dismissal until 6 PM. (EST)

Below is some information related to our program and some changes we have made to our program to adhere to the CDC guidelines to make sure that we are maintaining a healthy environment for our staff and our students.

Dismissal:

- Pine Ridge Elementary will dismiss at 3:05 PM daily.
- Children in the After School Program will be called to the gym and transition to the art room.
- Any child that is referred to the sick room throughout the school day should not be dismissed to the YMCA Program.
- Parent pick up will occur at door #7. (Art Room Door behind the school building)
- Pine Ridge Elementary will communicate of any room conflicts, special events or health related issues as soon as possible.
- Communication will be made with the AfterSchool Coordinator and designated Pine Ridge contact.

Personal Belongings:

- Children will have their own laundry basket (provided by the Y) to keep their belongings in, such as a back pack, water bottle, etc. Children will make a name tag for their basket and the basket will remain in its designated spot throughout the program.
- Each child will have his/her own bag of craft supplies, such as markers, crayons, pencil, scissors, and glue to use for activities.

- The children are asked to bring their own water bottle to refill throughout the day. We will be using the bottle fillers on the water fountains to refill the bottles. The drinking part on the water fountains will be covered and unusable.

Snack time:

- Children will be allotted time for proper hand washing prior to snack time.
- Children will be given a choice of a prepackaged snack in a grab and go style.
- Children will observe social distancing while eating snack.

Physical Barriers and Guides:

- When going to the bathroom, the children will line up on the dots and take turns going in. Two children will be allowed in the bathroom at a time. The children waiting outside will move up to the next dot and then when the child comes of the bathroom, he/she will go to the back of the line and stand on the next available dot and the child waiting in line will go in.
- Desks or chairs will be positioned for maximum social distancing.

Group Size:

- The children will be divided into small groups and assigned to a specific space. The children will stay in this space throughout the day except when rotating to the art room, gym, and outside for their scheduled activity time.
- We will keep siblings together in the same space. Therefore, our groups will be intermixed with ages and genders.
- We intend to maintain consistent counselor assignments for groups and activities when possible.
- We will minimize mixing between groups.

Scheduling Structure:

- In order to maintain physical distancing, our program will have a rotation schedule. The schedule will be based on the rooms that we have available and each group will have a designated time to be in the shared rooms (art room, gym and outside). This will help minimize the mixing of the groups.
- The tables and chairs will be set up in the rooms to accommodate the 6 foot physical distancing guideline.
- When appropriate, the children will be spread out for the activities.
- Activities will be developed with keeping the physical distancing guideline in mind.
- When using shared supplies, the supplies will be cleaned between uses.

Maintaining Healthy Environment:

- Staff will encourage multiple hand washing and sanitizing times for the children. Hand washing times will be built into the daily schedule.
- Hand sanitizer will be available in each of the rooms for the staff and children to use. Children will sanitize their hands upon entering the room after being dropped off in the morning.
- Children will be required to wear a mask.
- We will have designated "Clean Bins" and "Dirty Bins" for supplies and equipment in the Art Room. The items will be cleaned on a regular basis by the staff.
- We will have a room designated as a sick room in the event that a child becomes sick during the program and is waiting for a parent to come and pick up the child. The room will be sanitized after the child leaves.
- We will be limiting any nonessential visitors, volunteers, and activities involving external groups or organizations as much as possible.
- Parents will enter through the Art Room door, located behind the school building and is indicated as door #7. Parents will be required to wear a mask upon entering and are not permitted to pass the designated table.

Staff Guidelines:

- All staff will complete the COVID-19 Health Screening and take their temperature before starting their shift.
- Staff will be masked at all times and wear a staff shirt.
- Staff will wear gloves when doing activities directly with the children.
- Staff will have designated cleaning duties that must be completed during the day and at the end of each day.
- Staff will complete training prior to the start of AfterSchool.

***After School Guidelines as of July 29th , 2020**

***Guidelines are subject to change throughout the length of the program to meet federal, state, and local guidance and recommendations.**