



T-BALL ORIENTATION

July 2018

What is YMCA T-Ball?

T-ball is a preschool sport program for boys and girls ages 3-Kindergarten. Children will benefit from the socialization and physical activity of our organized play, while having the opportunity to learn basic t-ball fundamentals, such as catching, throwing, batting, fielding, and base-running, in a non-competitive environment. Emphasis is on teaching the values of good sportsmanship, teamwork, and skill development in a fun atmosphere for all.

Why YMCA T-Ball?

This program helps children develop fundamental skills and incorporates teamwork through instructional play. Whether it's gaining the confidence that comes from learning to play or building the positive relationships that lead to good sportsmanship and teamwork, participation in sports at the Y is focused on youth development, healthy living, and social responsibility. The YMCA preschool sport programs help kids become not only better players, but better people as well. We encourage fair play, friendly competition, and family involvement.

How will fundamentals be taught?

The YMCA's T-ball program provides a safe and fun environment for young children to develop the basic skills necessary for baseball/softball. It's a progressive program that is designed to provide children with the opportunity to learn the basic skills, improve their hand-eye coordination, and experience the game situation. This program consists of structured drills and 2-inning games.

Program Details:

Days/Time: Tuesday Evenings from 5:30-6:15 p.m. and 6:30-7:15 p.m. (CT)

Dates: July 10th – August 14th
Practices will take place the first three sessions and games will be held the last three sessions.

Location: Dennis Kress Park in Tell City

Schedules/ Rosters: Schedules and team rosters will be emailed out to parents and coaches by Thursday, July 5th. If you did not list an email address, you will be contacted with your first practice time and printed copies will be available the first night of practice.

Rain Outs: In case of rain or a wet field, the final determination will be made at least one hour before the start time. We will post cancellations on our website, www.tricountyymca.org, Facebook (Tri-County YMCA) and send an email to parents. Rain-outs will be made up on Thursdays, if possible, or added on to the end of the season.

What to Bring: Your child should bring his/her own mitt. Your child may bring other equipment. Please place his/her name on all equipment. Children should wear comfortable clothes and tennis shoes. Cleats are not necessary for this age group.



Practice Example:

- PRAYER: Staff will lead the children in a devotion
- WARM-UP: Staff will lead the children through several warm-up exercises
- THROWING: Show which foot to step with and watch the target
Demonstrate the arm motion with leg motion
- CATCHING: Demonstrate the proper use of the glove practicing the alligator hand
Parents and coaches pitch back and forth with the children
- GAME
SITUATION: Practice hitting off the tee and running the bases
- FIELDING: Explain what fielding is and allow players to rotate standing on the pitcher's mound to retrieve the ball
- HITTING: Show and practice proper grip on the bat
Demonstrate which side of the plate to stand

Game Day Example:

- PRAYER: Staff will lead the children in a devotion
- WARM-UP: Staff will lead the children through several warm-up exercises
- GAME: The teams will play a two inning game

Recognition Day

A special game will be played on the last day of the season (August 14th). After the game, the players and coaches will be recognized for their participation.

T-shirts

T-shirts will be provided. We ask the child to wear his/her shirt on practice and game days. They will be handed out at the first practice.

Pictures

Pictures will be professionally taken for memories and keepsakes by Victory Photography. The specific picture date for each team will be listed on the schedule. Envelopes will be handed out at the first practice. Pictures will be returned on Recognition Day.

Volunteer Coach's Meeting

There will be a volunteer coach's meeting immediately following the parent orientation.

PARENT INVOLVEMENT IS HIGHLY ENCOURAGED!

Thank you to all of the parents who help make this available to the children.

Contact Information:

Program Director: Christine Kleaving

Email: christine@tricityymca.org

YMCA Number: 812-367-2323 Cell Number: 812-661-7236

Website: www.tricityymca.org

Facebook: Tri-County YMCA