



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

What do we expect of members?

- Members should be in good health, with no fever and have not been advised to quarantine for a close contact with or have been diagnosed with COVID-19
- Members will silently answer health questions at check in
- Members should practice physical distancing at all times
- Members are encouraged to wear a mask when they are not engaged in exercise activities.
- Members are encouraged to come dressed ready to work out, limiting locker and shower usage
- Members should bring a refillable water bottle
- Members are encouraged to bring their own mat for classes
- Members will clean equipment before and after use
- Membership dues will resume being drafted on May 26
- YMCA facility will be available for MEMBERS only to help limit usage
- Anyone under the age of 14 must be supervised or signed into a program, child watch or building monitor

What can members expect from the YMCA facility?

- Wellness Center equipment adjusted for physical distancing
- Limited Group Exercise classes with marked off spaces
- Additional hand sanitizing stations have been installed
- YMCA will be conducting additional cleaning and sanitizing of facility and equipment
- Gym usage will be scheduled by groups, check document for more info
- Facility will be open for regular hours
- Staff will wear masks when outside of office area, unless leading a class or program



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What amenities will be offered in Phase 1?

- Towels will continue to be provided
- Child Watch will be available for ages 3-6
- Wellness Center will be open at approx. 50% capacity
- Group Exercise classes will be offered in person and virtually
- Morning Energizer program will continue on Facebook live and channel 18
- Gym will be available for non-contact usage
- Gym will have scheduled time for specific activities
- Swim lessons for children will begin
- Speed and agility training will begin for teens
- Limited Personal training will take place
- School Age Child Care will be taking place at limited enrollment

What amenities will NOT be offered in Phase 1?

- 24 Hour access will not be allowed.
- Morning Energizers
- Rock Steady boxing
- Pickup basketball games
- Pickleball
- No guest passes will be sold
- Nationwide membership will not be allowed access
- Youth Activity Center closed to members used for child watch, building monitor and child care

This list is subject to change and will be revised as the situation changes.