

YMCA Co-Ed Adult Volleyball League Rules & Information

1. Co-Ed Adult Volleyball league will begin on Tuesday, Sept. 18th, and then on Mondays starting Sept. 24th-Oct. 29th. Tournament play will take place in the final 2 weeks.
 - Tournament organization & tournament rules will be discussed in a separate document.
 - Email will be the primary means of communication during the league.
2. All team players must have signed a waiver, paid, and be on the team roster to play.
3. Each team should have **at least two females** on the court during play. If for some reason the team only has one female available to play, then implementation of the **2 males on the court** maximum rule will take effect.
 - Therefore, you can have 2 females & 4 men on the court for a total of six, or one female and 2 males on the court for a total of three. Teams can be composed of up to eight players.
4. We will email the schedule to you and it will also be placed on our website, www.tricountyymca.org.
5. Rally will determine the team who will serve first.
6. Games are best out of 5, with rally scoring to 21, and you must win by 2. The 5th game will be played to 15 if time permits. In the event of the staff having to call the game due to time limitations (game-play will be a duration of 50 minutes at maximum), the team with **the most points** will win the game.
7. Players will officiate their own games – a ‘Y’ staff should be available to help with tracking of points. Be prepared to score your own game however.
8. The ball is still in play if hit off of the wall, ceiling, basketball goals, and/or a body part (foot is included).
9. If the ball hits the curtain the ball then becomes dead. The team that did not hit the ball into the curtain then gets the point.
10. Teams may substitute players from their own team anytime throughout the game, but must keep the required number of males/females on the floor at all times.
11. A player from one team is NOT allowed to sub in for another team. This means you are only allowed to play for the team you signed up with. Subs must be found outside of the league teams.
12. If a team does not have enough players to play, all games and points will be forfeited. The games will be played for fun and substitutions will be allowed.
13. Child Watch is a service for our members ONLY.
14. Have Fun!