



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SERVE HIT SPIKE



Volleyball Training

Date: May 22 through June 7

Ages: incoming 6th, 7th and 8th graders

Game Times: 5:30–7:00 PM on Tuesdays and Thursdays

Cost: \$35 for members, \$50 for participants

Registration Deadline: Monday May 21st by Noon

Registration forms can be picked up at the Y or found on our website at www.tricountyymca.org.

Limited to the first 14 girls that sign up.

This 6 session volleyball training program will focus on serving and hitting . All classes will be held at the Tri-County YMCA.

Instructor: Mackenzie Weyer– Forest Park graduate, 4 year player at Brescia University, Current Assistant coach for Brescia and coach of AVA Club team out of Owensboro

For more information regarding the volleyball league please contact Mike Steffe at mike@tricountyymca.org.