



TALK EXERCISE FRIENDSHIP



Go Girl Go! SCHERGENS CENTER— TELL CITY, IN

Join us for a new program, Go Girl Go!, at the Schergens Center in Tell City, IN. This program uses curriculum that is educational and activity-centered. The goal of this program is to encourage physical activity and confidence in young girls. This program places an emphasis on helping young girls deal with the issues they face in their childhood and adolescent years in a healthy way.

WHEN: May 15th — July 24th

TIME: 6pm - 7pm, CST.

AGES: 5-7 age group, meets on Monday nights.

8-10 age group meets on Tuesday nights.

11-13 age group meets on Wednesday nights.

COST: YMCA Household Member: FREE

Non-Facility Member: \$15

There is a limit of 10 girls per age group. Sign-ups close on

May 1st. To sign-up visit, www.tricountyymca.org