



## Tri-County YMCA December Newsletter

### 12 Days of Savings Begins December 12!

**SPREADING JOY  
12 DAYS OF CHRISTMAS  
SAVINGS**

We are celebrating 12 Days of Savings at the Tri-County YMCA this holiday season!

**SAVE ON THE JOINING FEE!**  
Join the Tri-County YMCA from December 12 - December 24 and **SAVE!**  
Pay just **\$12** for the **Joining Fee** (a savings of \$38)!

**SAVE ON PERSONAL TRAINING!**

- Purchase a 4-Session Personal Training package and receive a 5th session for Free!
- 4-Session packages are \$100 for YMCA members and \$125 for Non-Members.
- To register for a personal training package, contact Lindsay Hochgesang at [lindsay@tricityymca.org](mailto:lindsay@tricityymca.org) or 812-367-2323

CLEM & MARY LANGE YMCA  
131 E. 10th Street  
Fond du Lac, WI 54601  
[www.tricityymca.org](http://www.tricityymca.org)

Save on the Joining Fee and Personal Training during our **12 Days of Savings** beginning December 12-24!

**Joining Fee** during this time is only **\$12** (a savings of \$38)!

Save on Personal Training by purchasing a 4-session package and receive a 5th session for Free! To register for Personal Training, please contact Lindsay Hochgesang at [lindsay@tricityymca.org](mailto:lindsay@tricityymca.org).

Learn  
More

**BUILD YOUR  
2026  
BLUEPRINT**

Each week builds toward your personalized 2026 action plan.

**Set goals.  
Set habits.  
Fuel Your Success.**

**Contact:**  
[lily@tricityymca.org](mailto:lily@tricityymca.org)  
[lindsey.kinker@gmail.com](mailto:lindsey.kinker@gmail.com)  
**Call: 812-367-2323**

**Jan 2<sup>nd</sup> - Jan 30<sup>th</sup>**

**\$50 Member  
\$65 Non-Member**

### Build Your 2026 Blueprint

Kick off your 2026 year with purpose and

**HOME  
FOR THE  
HOLIDAYS**

**College Student Christmas Membership Special  
TRI-COUNTY YMCA**

Stay FIT and ACTIVE while enjoying your Christmas break at home with the help of the Y!

The Tri-County YMCA will be offering a membership special for college students spending Christmas break at home in the Dubois, Perry, or Spencer county areas.

**Valid Membership Dates:** Valid for one month from day of member sign-up  
**Cost:** \$40.00 (full amount must be paid at time of sign-up)

\* After Hours Access card is available for an additional \$20.00 one-time fee.  
\*Therapy Room Access is available for an additional \$25.00 one-time fee.

THE COUNTY YMCA  
215 S. 10th Street  
Fond du Lac, WI 54601  
812-367-2323  
[www.tricityymca.org](http://www.tricityymca.org)

### College Students - Take Advantage of our Christmas Membership

a plan that actually lasts beyond January!

This challenge is all about creating sustainable goals and lifestyle habits that support you all year long. Whether you're aiming for weight loss, building muscle, or simply wanting to feel your best, we've got you covered. We're here to help you start strong and stay strong.

What's included?

- Styku body scan
- Weekly group workouts
- In-person or online meetings (your choice!)
- Personalized support to help you reach YOUR goals

Coach Lindsey and Coach Lily are so excited to partner with you and make 2026 your healthiest, strongest year yet. Let's do this together!

[Register Online Here](#)



### **Save the Date! Mini Mania is set for Saturday, January 10**

Join us for our annual Mini Mania event on Saturday, January 10 from 8 AM - 1 PM EST! This event is FREE and gives participants a chance to sample our Group Exercise classes. Take 1 class or take them all! We will also have a No Joining Fee on this day!

## **Special**

College Students - are you home for your semester break and looking for a place to continue your exercise routine? Take advantage of our College Student Christmas Membership for a flat rate of \$40!

[Register Online Here](#)



### **Register for Christmas Break Holiday Camp by Thursday, December 18**

We are offering Holiday Camp on the following dates:

- December 26
- December 29
- December 30
- January 2

for grades K-5 at the Clem & Mary Lange YMCA in Ferdinand. Make sure to reserve your child's spot as space is limited!

[Reserve Your Spot Here](#)



Tri-County YMCA | 131 E 16th St. | Ferdinand, IN 47532 US

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