



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

February 23rd - March 22nd
Clem and Mary Lange
Tri-County YMCA
Therapy Pool Schedule

Monday

Time	Activity
6:00am - 8:15am	Open Pool
8:30 - 10:00am	Swim Lessons
10:15 - 12:00pm	Open Pool
12:00 - 4:00pm	Pool Closed
4:00 - 7:00pm	Open Pool
7:00pm	Pool Closed

Wednesday

Time	Activity
6:00 - 8:15am	Open Pool
8:30 - 10:00am	Swim Lessons
10:15 - 12:00pm	Open Pool
12:00 - 4:00pm	Pool Closed
4:00 - 7:00pm	Open Pool
7:00pm	Pool Closed

Friday

Time	Activity
6:00 - 3:00pm	Open Pool

Sunday March 22nd

Time	Activity
12:30 - 3:30pm	Sensory Swim

Tuesday

Time	Activity
6:00 - 8:45am	Open Pool
9:00 - 9:45am	Water Aerobics
10:00 - 12:00pm	Open Pool
12:00 - 3:30pm	Pool Closed
3:30 - 4:15pm	Water Aerobics
4:15 - 5:15pm	Open Pool
5:30 - 6:15pm	Water Aerobics
6:30 - 7:00pm	Open Pool

Thursday

Time	Activity
6:00 - 8:45am	Open Pool
9:00 - 9:45am	Water Aerobics
10:00 - 12:00pm	Open Pool
12:00 - 3:30pm	Pool Closed
3:30 - 4:15pm	Water Aerobics
4:15 - 5:15pm	Open Pool
5:30 - 6:15pm	Water Aerobics
6:30 - 7:00pm	Open Pool

Saturday

Time	Activity
6:00 - 11:00am	Open Pool

Open pool - The pool will be open for anyone over the age of 18. Sign-out a keycard at the front desk.

All classes will be free. Signups start 30 minutes before the class begin each day.

Access to the sauna will be 30 minutes after the YMCA opens until 30 minutes before closing. Sign-out a keycard at the front desk.

A lifeguard may or may not be on duty. The therapy pool is a swim at your own risk pool.

All activity's are subject to change.