

# July 1st-Aug 1st

**LEGEND** GE Group Exercise Room (Old WC) **GYM** YMCA gym  
**HEC** Huntingburg Event Center **BR** Boxing Room  
**CS** Cycling Studio (Orange Group Room)  
**Santa Claus CC**– Santa Claus Community Center  
**SCC**– Santa Claus Campgrounds



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Heritage Hills HS	
8:00-9:00am Morning Energizers Rachel HEC	5:00-6:05AM BodyPUMP Rachel GE	8:00-9:00AM Morning Energizers Rachel HEC	5:15-6:00AM RPM Rachel GE No Class 7/29	5:00-6:00AM BodyPUMP Rachel GE No Class 7/30	7:40-8:40AM BodyPUMP Jennifer GE	<b>Monday</b> 8:30-9:30AM EST Yoga DeNae No Class 7/6	
8:30-9:30am BodyPUMP Kayla GE	8:05-9:00AM RPM Amy Z. GE	8:30-9:30AM BodyPUMP DeNae GE	8:05-8:50AM RPM Amy Z GE	8:00-9:00AM Morning Energizers Rachel HEC	8:05-9:05AM RPM Amy Z. BR	<b>Tuesday</b> 5:30-6:15AM EST RPM DeNae	
8:30-9:30AM Morning Energizer April Gym	9:10-10:10AM BodyBalance Erica GE	8:30-9:30am Morning Energizers Aleesha Gym	9:15-10:15AM Upbeat Barre- 7/2 & 7/30 Zumba - 7/9, 7/16, 7/23 GE	8:05-8:50AM RPM Amy Z. GE	9:00-10:00AM Low/Tone/UpBeat Barre Sheree		
9:30-10:30AM Morning Energizers SC CC	5:15-6:00PM RPM Rachael W GE	9:30-10:30AM Morning Energizers Santa Claus CC	10:30-11:30AM Chair Yoga Connie GE No Class 7/23	8:30-9:30AM Morning Energizer Sheree Gym	10:00-11:00AM Brazilian Jiu Jitsu Zach BR Class 7/11 & 7/25 Only		
4:45-5:45PM Upbeat Barre Sheree GE	5:15-6:00PM Kickboxing Kenzie BR	5:15-6:00PM High Fitness Sheree GE	6:15-7:30PM Brazilian Jiu Jitsu Zach BR	9:30-10:30AM Morning Energizer Santa Claus CC	<b>4<sup>th</sup> of July</b> No Classes		
6:00-7:05PM BodyPUMP Jennifer GE	6:10-6:40PM Upbeat Pilates Kristy GE	6:10-7:15PM BodyPUMP Jennifer GE		9:15-10:15AM BodyPUMP Kayla GE			Like us on Facebook for updates on Group Exercise Classes, Programs, Special Events & More
6:15-7:15PM Dance Fitness Stefanie BR No Class 7/20	6:15-7:30PM Brazilian Jiu Jitsu Zach BR						***All of our group exercise classes, no matter the impact level can be modified for all levels of fitness.