FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

November 2nd – November 29th

Clem and Mary Lange

Tri-County YMCA

Therapy Pool Schedule

Monday

Time	Activity
6:00am - 12:00pm	Open Pool
12:00 - 3:30pm	Pool Closed
3:30 - 7:00pm	Open Pool
7:00pm	Pool Closed

Tuesday

Time	Activity
6:00 - 8:00am	Open Pool
8:00 - 8:45am	Water Aerobics
9:00 - 9:45am	Water Aerobics
10:00 - 12:00pm	Open Pool
12:00 - 4:30pm	Pool Closed
4:30-5:15pm	Open Pool
5:30 - 6:15pm	Water Aerobics
6:15 - 7:00pm	Open Pool
7:00pm	Pool Closed

Wednesday

Time	Activity
6:00 - 12:00pm	Open Pool
12:00 - 3:30pm	Pool Closed
3:30 - 7:00pm	Open Pool
7:00pm	Pool Closed

Thursday – Closed on Thanksgiving

Time	Activity
6:00 - 8:00am	Open Pool
8:00 - 8:45am	Water Aerobics
9:00 - 9:45am	Water Aerobics
10:00 - 12:00pm	Open Pool
12:00 - 4:30pm	Pool Closed
4:30 - 5:15pm	Open Pool
5:30 - 6:15pm	Water Aerobics
6:15 - 7:00pm	Open Pool
7:00pm	Pool Closed

Friday

Time	Activity
6:00 - 3:00pm	Open Pool
3:00pm	Pool Closed

Saturday

Time	Activity
All Day	Pool Closed

Open pool - The pool will be open for anyone over the age of 18. Sign-out a keycard at the front desk.

All classes will be free. Signups start 30 minutes before the class begin each day.

Access to the sauna will be 30 minutes after the YMCA opens until 30 minutes before closing. Sign-out a keycard at the front desk.

A lifeguard may or may not be on duty. The therapy pool is a swim at your own risk pool.

All activity's are subject to change.